



JANUARY 2019

Weekly YAMHILL Classes

Mondays				Tuesdays				
5:30pm – 6:30pm	Zumba (Bruce)			Fitness Bootcamp (Allen)			<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">Fitness Classes \$10 Drop-In</div> <div style="border: 1px solid black; padding: 5px;">Dance Classes \$15 Drop-In</div> <p>*10 class cards and monthly packages available</p> <p>*Please visit our website for class descriptions</p>	
6:30pm – 7:30pm	Bhangra (Prashant) All Levels	Vogue I - Fundamentals (Daniel) Progressive Cycle		Bachata I Beginners (Deblin & Iñaki) Progressive Cycle	Reggaeton (Diana) All Levels	Casino Partnering Intermediate (Rob) Progressive Cycle		
7:30pm – 8:30pm	Bollywood (Prashant) All Levels	Vogue II – Int/Adv (Daniel)	Salsa I – Intro (Deblin & Branden) Progressive Cycle	Bachata II Beyond Beginners (Deblin & Iñaki) Progressive Cycle	House All Levels (Donna)	Kizomba Beginners (Carolina & Jamal) Progressive Cycle		
8:30pm – 9:30pm		Sexy Heels Beginners / All Levels (Paula)		Bachata III Intermediate (Deblin & Iñaki)	Sexy Heels Int/Adv (Paula)	NEW CLASS! Hustle Beginners (Donna)		
Wednesdays				Thursdays				Saturdays
5:30pm – 6:30pm	Zumba (Ivy)			Fitness Bootcamp (Allen)			9:30am - 10:30am Zumba (Bruce)	
6:30pm – 7:30pm	DanceHall All Levels (Alia)	Belly Dance Beginners (Shea)		Salsa I - Intro (Carolina & Jamal) Progressive Cycle		Beginners Hip Hop Choreo (Heather) All Levels		
7:30pm – 8:30pm	Casino Partnering Beginners (Rob) Progressive Cycle		Salsa On2 Int/Adv (Carolina & Jamal) *7:30pm-9pm	Salsa II – Beyond Beginners (Carolina & Jamal) Progressive Cycle	Zouk I (Nathalia) Progressive Cycle *SEE NOTES	Krump (Tyler) All Levels	Jazz Funk (Durante) All Levels	
8:30pm – 9:30pm				Salsa III - Intermediate (Carolina & Jamal)	Zouk II (Nathalia) Progressive Cycle *SEE NOTES	Hip Hop (Jesus) All Levels		

** Zouk classes will be held at Yamhill Location on 1/3 & will move to Studio E starting on 1/10.
 Studio E is located at 1901 SE Grand Ave Suite 100 just 10 block away from Yamhill Location!



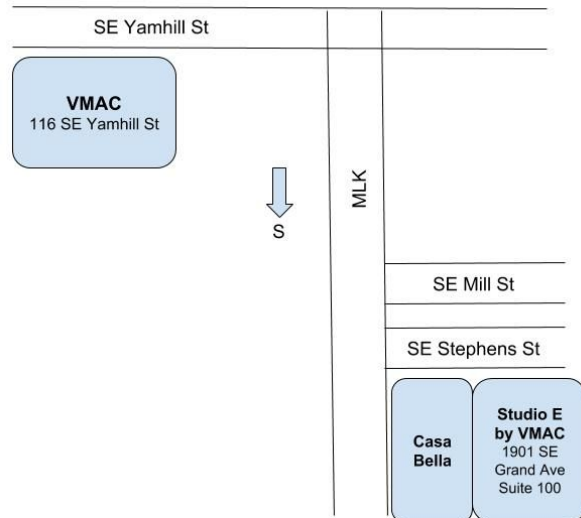
STUDIO E by VMAC

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JANUARY 2019

Weekly STUDIO E Classes

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
			Zouk I (Nathalia) Progressive Cycle *SEE NOTES			
			Zouk II (Nathalia) Progressive Cycle *SEE NOTES			



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